

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

HOW SPIRITUAL JOY DIFFERS FROM HUMAN HAPPINESS

For years I considered the Big Book statement: "*Happy, joyous and free*" as a bit redundant, for after all, are not happiness and joy the same? (p. 133) However, years later I found that **HAPPINESS** and **JOY** are two completely two different things:

HAPPINESS is a human experience. It disappears when we are sad or depressed. But **JOY** is a God experience that may take place even when we are sad or depressed.

I have experienced said unexplained joy while feeling deeply depressed in a tent while camping in Sult Ste. Marie, Canada. I had recently been separated from my ex-wife and was feeling enormous depression. We had camped in that same tent in the Grand Canyon during our honeymoon previously. In the middle of the night, I became unexplainably full of energy, and everything seemed to wax extremely vivid and bright. I was full of **Joy**. This lasted throughout the night.

I believe Bill Wilson was experiencing great **Joy**—not ordinary happiness—after he went through his vital spiritual experience on page 14 of the Big Book: Doctor Silkworth told him: "*Something has happened to you I don't understand. But you had better hang on to it. Anything is better than the way you were.*" I believe Bill's resultant **Joy** prompted him to immediately go out and start helping alcoholics. So, I believe God's **Joy** can be ongoing!

Then there is Fitz Mayo who had such an ongoing vital spiritual experience that: "*He couldn't drink even if he would.*" (P. 57, Big Book) There must have been great Joy in that!

Again, Ebby Thacher (Bill's sponsor), who was not a spiritual person prayed to God: "*as never before*" and was stuck sober for two years and seven months. Again, great **joy** must have been present. (**EBBY** *The Man Who Sponsored Bill W.*, by Mel B. – p. 58) Ebby died in 1966, two years sober.

I believe the blessing of spiritual Joy will come to me when God decides to send it—I cannot just wish for it. However, I believe my chances are all for the better if I try to maintain a fit spiritual condition by living the Twelve Steps.

Bob S.

Reprinted with permission Robert Stonebraker, from Richmond, Indiana

September 1995

Peace with the Past

By: Anonymous | Sheboygan, Wisconsin

STEP 9: Made direct amends to such people wherever possible, except when to do so would injure them or others

I have had many beautiful experiences in my ten years of sobriety in the program. The most beautiful of all: a Ninth Step amends I made to my college girlfriend, Mary Beth.

Mary Beth and I had an on-again, off-again relationship throughout our four years of college. We met during freshman year and fell in love immediately. You'd have to have been eighteen, lonely, and homesick to understand how important she was to me. But my drinking and emotional instability, my difficulty in imagining her point of view and giving consideration to her, did us in by the end of the year.

Sophomore year we tried again, with similar results. Then in the middle of our junior year, I sobered up for the first time, and things looked better for us. But that summer I drank again, and when I returned to school that fall I became irritated with her, blaming my increasing unhappiness on shortcomings I imagined in her. Once again, Mary Beth and I broke up.

I stopped drinking only a month after starting up, for even I could see the change alcohol made in my temperament and outlook. I was never a happy drunk; I was usually mean and ornery. I even tried AA that fall. But I didn't like it, so I quit after thirty days. Nobody was going to tell me how to stay dry. I could do it on my own.

But being dry wasn't enough, I found. After four months of not drinking, I was more lonely and frightened than I'd ever been in my life. And I was terribly confused: My first period of sobriety had gone so well, my life had turned around immediately—even though I wasn't in AA. Why not this time? I prayed to God to help me.

(Prayed, Continued on page 2)

7429 W. Greenfield Ave., West Allis, WI 53214, (414) 771-9119



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Visit our website at: www.aamilwaukee.com

(Prayed, Continued from page 1)

My prayer was answered. One day I happened to be with a group of people who were learning about organizations to help those who were down on their luck. An AA member was among those who spoke to us about their organizations. He seemed so happy, so peaceful. That had a big impact on me--it was such a contrast to my own misery and desperation.

I resolved then and there to give AA another try. I put it off for a week or two, of course, but finally I was so unhappy I did the unthinkable: I went to a meeting.

When I got there, I didn't know what to say. Everyone realized immediately I was a newcomer, so they held a First Step meeting. When it was my turn to speak, I tried to tell them how awful I felt, how lonely and desperate, how much I hated myself, but I couldn't. To my great embarrassment, I began to cry. I just couldn't help myself.

That was January 17, 1985. I've stayed sober and attended AA meetings ever since then. For the rest of the school year I clung to Mary Beth. I tried to convince myself she felt the same way about me, although anyone could plainly tell her feelings for me were lukewarm at best.

It shouldn't have been a big surprise when I got a letter from her the following autumn telling me she wanted to cool it. She was in graduate school while I was still unemployed and aimless. The letter was devastating to me, and I responded as only an alcoholic can: I went into a rage of self-righteous indignation.

You know how people say you should write your feelings down in a letter, then tear it up? It is good advice. I didn't take it. After filling both sides of six pages with rage and accusations, I held the letter for three days then mailed it.

I didn't hear from Mary Beth for a long, long time after that. Realizing my mistake, I sent her a halfhearted apology six months later. She didn't respond. Then I got it; in her book, I was a jerk.

A year went by, then another. I continued to stay sober, and my life changed dramatically for the better. Every now and then I thought of Mary Beth and felt bad about my behavior to her. I wrote more letters to her, and this time I didn't send them, believing that I had no right to intrude further on her life.

After five years of this, I still didn't feel at peace. Finally I realized something had to be done, so I wrote another letter to her. I described to Mary Beth the journey of my sobriety and all the changes it had brought to my life. I apologized with all my heart to her for the way I'd treated her, and I asked for her forgiveness. This time I mailed the letter.

She wrote me back within a week. On the outside of the envelope she wrote, "Peace with the past." Inside, she applauded the changes in me, told me how her life had gone--and gave me her forgiveness.

Not every amends has gone so well, but no matter whether it turned out well or badly, I've found each time the peace for which I searched. I'm no longer haunted by the memories of my mistakes and the injuries I inflicted on others. Thank God for AA: it saved my life, then taught me how to live it without regret.

Reprinted with permission AA Grapevine, Inc. Sept. 1995

Grapevine Online Exclusives

A Week in the Life of Lisa

August 2019 | African-American Alcoholics in AA

By: Kaycee F. | Brown Deer, Wis.

The call to service unites a group of AA women around one troubled soul

The phone rang as I finished my morning prayers, which always included "let me be of some service today." A former sponsee, now living out of state, was calling to see if I was available to help someone, named Lisa, who was reaching out through "Friends of Bill W." God always gives me what I need; my prayer was being answered already. Little did I know that by agreeing to help this young woman, I was being launched into a mighty circle of like-minded women who would all agree to "love this young woman until she could love herself."

I spoke with Lisa 30 minutes later and we decided to attend an AA meeting together the next day. By the time I picked her up, much of the organizing was already complete. Since Lisa had many needs, it took assistance from a power greater than any of us to line up daily transportation for meetings, daily legal commitments, food and doctors' appointments. What an order and a true labor of love! Women were eager to help with no expectation of acknowledgement nor compensation. The beauty of being called to service struck all of us. Lisa was no longer alone. She caught on that something very special was happening, which showed her that she could be grateful and even hopeful.

I met Lisa on a Thursday. She was a frightened, gravely ill, and a lonely young woman who had lost it all. In one week, one short week, she had come to know love in a new and extraordinary way. I said good bye and thank you to Lisa on the next Thursday. Lisa died an accidental and tragic death. We loved her until she died and then we loved her even more. We received far more than we gave and we grew in a profound sense of community. We received the blessings of having known and served together for one brief week—a week that provided a lifetime of love.

Reprinted with permission AA Grapevine, Inc. August 2019

February 2017 |

A very strange amend

By: Katie S. | West Bend, Wisconsin

Last night after making a direct amends with someone I had put off for four years, I got in a car accident at 55 mph. Thank goodness I was OK.

The police officer at the scene asked me if I would like to stay warm in his cop car. My first thought was, Hell no. However I said, "Yes, thank you."

He took me over to his car, moved some equipment from the back so I could get in, and then said, "If you need anything, you'll have to knock, because it doesn't open from the inside." I thought to myself, oh yes, I am familiar with that. Your kind and mine go way back.

(Amend, Continued on page 3)

(Amend, Continued from page 2)

While I sat in the back of the cop car, I got a text from that friend of mine whom I just sat face-to-face with 30 minutes ago. I was in her living room, owning up to my selfishness, and we were both sobbing healing tears together. Before I left her house I let her know that if there was anything at all that she remembered that we hadn't talked about that hurt her, to not hesitate to tell me. I wanted to know so I could make things right.

So here I was, sitting in the back of this cop car, getting a text from her asking me about lies I had told. She was asking me what the truth was. I looked up over the dashboard of the cop car. I contemplated this accident and thought, am I willing to go to any lengths for freedom?

So I texted her back. I didn't change the subject. I didn't bring up the accident. I didn't use it as an excuse to shy away and make her feel sorry for me. I didn't lie. I told the truth. I owned up. I faced the reality of my past, sitting right here in the middle of my present, and answered her questions.

Soon my boyfriend arrived to get me and the police officer opened the car door. I thanked him for keeping me warm. I thought to myself, Look at this, I'm being let out of this cop car. What a story where I come from.

After I pay rent this month, I'll have just \$40 in my checking account. I have no idea what's coming next. I don't have a car right now. But what I feel and know in my heart is this: Nothing, absolutely nothing, can touch the peace and serenity that is in me. Nothing can touch the Promises I get from being willing to do these Ninth Step amends. Not even a car accident and the loss of material things.

It's now 11 o'clock the following morning and I'm sitting at my kitchen table crying because I am so grateful God has brought me to this place. I'm sober. And today, I'm a good and honest friend. Funny how healing works.

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April 1995

I could taste it

By: Sally G. | Milwaukee, Wisconsin

I've been sober five years. I've been going to meetings, working with other alcoholics, reading the Big Book, and growing in my spiritual life. But I'd forgotten that alcohol is cunning, baffling, and powerful. Just the other day, I almost drank. The liquor was in my hand, ready to go down my throat. I could taste it. My body was shaking with the thought of drinking.

I had just gotten through Thanksgiving Day. Spiritually I was at a high point. I was baking in the kitchen. I looked in the cupboard and came across a bottle of vanilla extract. My mind started playing the old tapes--one won't hurt, it's not really alcohol, no one will know, and so on.

I am grateful for the many meetings I've attended. I am grateful for the suggestion to call your sponsor before you drink. I am grateful for the Big Book. The only passage from the book that came to my

mind was that we have no effective mental defense against the first drink--help must come from a Higher Power.

This design for living works. Today I stand--with another day of sobriety--knowing that help arrived. I poured the bottle of vanilla down the toilet. I talked with an old-timer after this happened. He said that meetings, sponsors, the Big Book, and all the other AA tools are only instruments for sobriety--God does the work, if we ask for help.

I am truly grateful that God was there when I needed it. Together we conquered another twenty-four hours of sobriety.

Reprinted with permission AA Grapevine, Inc. April 1995

May 1992

A Duck to Water

By: Russell J. | Waukesha, Wisconsin

I'm not sure when I became addicted to alcohol, but when I discovered what it could do for me, I took to it like a duck to water. It made me feel smarter, taller, braver; it made me feel like I belonged someplace and that I was somebody.

From time to time during my drinking years, I was told by my family and friends that I might be drinking too much. From time to time I would agree with them, but not until the next day's hangover. My drinking buddies and I would halfheartedly admit to being alcoholics but then discount it because we didn't go to AA meetings.

All I knew about AA was that it was an organization for people who couldn't stop drinking. In the first place, I didn't want to stop my drinking, and in the second place, if I did want to quit, I could.

In February 1980, I did decide to quit. I was successful, and for five years I did not drink. I didn't go through treatment and I didn't go to AA; I just didn't drink. But at the end of five years, I was at the end of my rope. I had lost my drinking buddies because I no longer fit in with them, and I didn't feel comfortable with anyone who didn't drink.

I finally shared this problem with a guy that I worked with, and he told me he was an alcoholic and had had the same problem. He also told me that he had solved this problem by going to AA. He asked if I would like to go with him to a meeting. I told him that I didn't particularly *want* to, but that I would.

So, today--I am somebody, I do belong someplace, I do fit in. I am an alcoholic and a member of AA.

Reprinted with permission AA Grapevine, Inc. May 1992

October 1988

Exact 'terms'

By: W. C. | Sturgeon Bay, Wisconsin

The November 1987 issue of the Grapevine (sponsorship through the years) greatly interested me. After reading the articles, I put that issue down and it mysteriously disappeared. Numerous questions of its whereabouts turned up nothing. I never forgot that issue.

(Terms, Continued on page 4)

(Terms, Continued from page 3)

Recently, while helping my sponsor move, lo and behold--the November Grapevine! My letter is prompted by its rediscovery.

I came into the AA program while I was in a treatment center. Sponsorship was stressed. I thought I knew better but took the advice offered me and began my search.

The meetings I attend regularly consist primarily of men. Since AA suggests women sponsor women, this made my search more difficult. After a month of sitting back and bottling up, I asked a woman very much like myself to be my sponsor. She accepted, only to turn around and proceed to get drunk.

God, in his divine guidance, answered my prayers. I found another sponsor. The problem? He was a man. After discussion between the two of us on the exact "terms" of our relationship and his expectations of me, our lessons began.

I view my sponsor as my teacher. He has also become a much loved friend.

Reprinted with permission AA Grapevine, Inc. October 1988

July 1987

Every Tuesday and Fourth Saturday

By: A. C. | Taycheedah, Wisconsin

Normally, when I start talking about my life, I start at the beginning. If I was to do that, Grapevine would have to make it a special edition. So to sum things up I will simply say I was powerless, unmanageable, down and out, and a bum. I had tried to take my life three times, the last was four weeks before my incarceration. I was the loneliest person on earth.

At the age of twenty I was sent to Taycheedah Correctional Institution for five years. I knew I had a drinking problem, but an alcoholic--never. I joined the AA program here in T.C.I. because the staff told me I had to. I was in AA for a good impression on the parole board.

I attended AA in prison for a year and a half before I actually admitted to myself that I was an alcoholic. I believe that I'd still be kidding myself if it wasn't for an outside speaker sharing his experience. He talked about himself, but I saw me, within every word he spoke. Then I came to believe, admit, and accept that I, too, was an alcoholic. My only problem was that I only worked my program every Tuesday and fourth Saturday of the month.

Shortly afterward, I was transferred to a pre-release center for women. My big test, and freedom, all stood in this center. I made it through twenty-three months of prison sobriety, now can I make it another six months?

Two days after my two-year birthday I had a drink, right there in the center. I was still attending AA outside of the center, but lying to my sponsor, fellow members, and myself that I was still sober. I told myself that I would prove this world wrong and

show them I knew how to drink socially.

Boy, was I wrong--two months later I found myself sitting in the county jail waiting to return to prison. I wasn't even free, and already I was on my way back. That was my bottom!

Since my return, my eyes have been opened to my real illness. I was not made to drink as a socializer.

I'm back in my AA program here in prison. And this time I live and work my program every day. I have both my sponsor and God to thank for helping me. Without them, I'd still be drunk, or I'd be dead.

I'm twenty-two years old now, still incarcerated, and will be until April 1987. With the grace of God by my side, I can make it--one day at a time.

Reprinted with permission AA Grapevine, Inc. July 1987

May 1987

Harry the Who?

By: R. P. | Milwaukee, Wisconsin

I note that in some areas of the country members state their full name at meetings, which is fine. Around here, nearly everyone just uses a first name.

Which immediately creates a problem. When referring to John, Jim, or Mary, one has to distinguish which John, Jim, or Mary one is referring to.

So new names spring forth. John becomes School-Teacher John, or John from the Friday Night Group, or John of John and Theresa, or Tall John, or Little John, or Happy John. Mary becomes Indian Mary, or Mother Mary, or Young Mary with the dark hair.

In one group the first Jane in was dubbed: Big Jane. The next Jane: Little Jane. Little Jane was actually taller than Big Jane, though neither was really big or little in any way. That's the way the naming went. And though an outsider would never figure it out, it made perfect sense to all of us.

Some names clearly come from one's job, as George the Tree-Trimmer, Fred the Plumber, Shirley the Secretary. Some are highly complimentary, as Gratitude Bill, who's known for always talking about gratitude; Serenity Sam, as he seems to enjoy life so very much. Some are simple identifications from articles of clothing. Like Harry the Hat.

The names can change along the way too, as I was first Quiet Ray, then later, Ray the Guy Who Sings All the Time, then simply, Ray the Writer.

To me, Young Mary with the Dark Hair has a much better ring to it than "Mary Smith." I like the sound of John of the Wednesday Morning Gratitude Group much better than "John Smith."

Alcoholics Anonymous is such a nice tribe to belong to.

Reprinted with permission AA Grapevine, Inc. May 1987

March 1986

We All Count for Something

By: J. C. | Wauwatosa, Wisconsin

In August 1985, my husband, R. C., lost his life to the disease of alcoholism.

R. C. crossed the line into active alcoholism approximately thirty years ago, during the last twenty-seven of which he had been a regular attendant at AA meetings. For some reason, his recovery was never permanent. He would be sober for six months, ten months, a year, and this last time two years, but then he would have a relapse. Each time he would recover from a relapse, he would pick up the pieces of his life and return to AA with fresh determination and hope.

On August 15, he took that first drink for the last time. Six days later I returned home from work and found his body. He had lost the last battle. One of his AA friends pointed out to me that he may have lost the last battle, but that he won a lot of them in between. This friend said that if R. C. had not made the effort to help him some twenty years ago, he would most likely be dead himself. He was just one of many R. C. had held out his hand to. He also said that R. C. had done a lot more Twelfth Step work and helped more alcoholics become sober and maintain their sobriety than a lot of members who had been sober from their first day in AA.

I know that R. C. was a good husband and a good father. Together we raised some wonderful children. We were married twenty-six years. His life really counted for something; in his home, his community, his church, AA, his work, wherever he happened to be.

Now, I would like to make his *death* count for something. If there is anyone out there reading this who may be thinking of drinking, I would like to remind them that alcoholism kills. If my husband had not taken that first drink on August 15, we would probably be together tonight and I wouldn't be writing to the Grapevine. I wouldn't be hurting the way I am hurting now. Like most spouses, I judged his relapses while he was alive, but I no longer have that urge to judge. I think he did the best he could. I never walked in his shoes.

If anyone is thinking of drinking, please get help now. Make no mistake about it, alcoholism is a fatal illness. It may take years and years to kill you, but it will win in the end unless you reach for recovery instead of the bottle.

Reprinted with permission AA Grapevine, Inc. March 1986

June 1983

Sober and Flying High

By: L. W. | Racine, Wisconsin

IT WAS a beautiful afternoon for flying. I observed the motions the new student was going through and suggested steps that would form a habit pattern so that someday, if he were to encounter trouble, he would have a systematic way to find the error. (Does this ring a bell?) Preflight completed, we taxied to the center line, and I noticed a hint of apprehension building inside of him, for he realized it was the point of no return. I smiled and said, "Well, let's go let God." I remember my first AA meeting, and my sponsor saying the same thing as I hesitated outside the church door.

As we rolled along the runway to takeoff speed, the white marks and the rows of planes became a blur. I was scanning and checking instruments and gauges when I thought to myself that not too many twenty-four hours ago I couldn't keep a car on the road, I never looked down at the gauges. Now look at me.

Airborne in position to break the pattern, the student said, "Where to, Captain?" I always think about similar words my sponsor once said. Ask yourself three questions and have the answers before you change one degree of heading or take one step. One: Where am I? Two: Where do I want to go? Three: How do I get there?

I gave the student a heading, thought of my own past, and thanked God.

We leveled off at 3,000 feet and flew to the practice area. The conversation was basic but important to the student, as were my first questions at my first meeting. How long will I shake? When will I begin to feel comfortable? Does everybody feel like this at first?

When we reached the practice area, I began explaining and demonstrating maneuvers, with a confidence acquired only by many tests, questions, and practice sessions of my own. I watched as the student executed each maneuver and even talked through them using much of my terminology, and I realized I was being copied and was indeed communicating. After an hour of a good first indoctrination to flight, we headed home.

The feeling of pride and accomplishment, but more so the decision to take that first flight, was written all over the student's face. He grinned, expressed his confidence in me, and said he had no more fear knowing I was there and would help him and guide him if he got into trouble. I smiled and said I knew the feeling, and thought of my sponsor, and thanked God.

Less than 500 feet below us darted a flock of geese heading south for the warmer weather, flying their familiar V pattern. I wondered how they decided which one would be up front to lead them. I thought of co-founders Bill W. and Dr. Bob, and all of us geese, and I thanked God.

About fifteen miles off the wing tip, I could see the lights of the city coming on. I scanned the thousands of homes and thought of the many problems that were being worked at and the many seemingly impossible ones left unsolved. How different the world looks from a high altitude than from a gutter.

Coming into the pattern, I went through the landing checklist, capitalizing FIRST THINGS FIRST. We landed and taxied to the hangar. I debriefed and answered questions, relating this to my Tenth Step. We found out what needed working on.

We shook hands and parted for the day, and he said, "Good night, sir." I realized I had gained respect, and I thanked God.

Driving home, I thought of the regained perspective of my life, my goals, my purpose, and how lucky I was to have this second chance.

As I pulled into the yard, I heard my two little girls yelling, "Daddy's home!" When I got to the back door, my wife was there holding my son. This was her Al-Anon night, so I handed her the keys, she gave me my boy and a kiss.

We stood there and watched her drive out. And in the fresh, crisp autumn night air, holding my son and with a little girl hugging each leg, I looked to the stars and said, "Thanks, God!"

Reprinted with permission AA Grapevine, Inc. June 1983

3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions,

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[Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.

Or Contribute using **PayPal** or your **Credit Card** from our website.



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MILW. CENTRAL OFFICE

• E-mail us at:

dan@aamilwaukee.com

Hours:

M - F 9 a.m. to 4:30 p.m.

Sat. 9 a.m. - 12 p.m.

• Board of Directors Meeting, in-person.

Wednesday following 2nd Tuesday (odd months) 6:30 p.

• A. A. Meetings, Sun. at 9 a.,

Mon.- Fri. at 12:15 p.,

Sat. 9:15 a., & 10:30 a.

• Dist. 14 monthly meeting, 4th Wed. at 7 p.m.

• Dist. 16, 1st Wed. at 6 p.m.

Spanish Speaking Meetings:

Meeting at English Speaking Clubs

• Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.

• GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM

• GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our **CONTRIBUTE** button on our website: aamilwaukee.com or use our your **VENMO app** from your smartphone.

Meeting Space Currently Available

- [DryHootch](#), 4801 W National Ave. Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)
- [West Allis Senior Center](#), 7001 W National Ave, West Allis WI. Call Shanon at [414-302-8717](tel:414-302-8717).
- [Luther Memorial Church](#), 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- [St Peter's Episcopal Church](#), 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- [Anchor Covenant Church](#) 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email:

rrc@redemptoristretreat.org

Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2023 Weekend Retreats

Jesuit Retreat House,

4800 Fahrwald Rd.

Oshkosh, WI.

WI 54901,

call 800-962-7330

jesuitretreathouse.org

Men and Women

in AA, AI-Anon

Total cost: 4 days \$390.00.

Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

The **Southern Wisconsin Deaf Access Committee** needs to rotate it's members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email SWDAC at: Southern-WIDeafAccess@gmail.com

Southern Wisconsin Deaf Access Committee (SWDAC) 2023

JANUARY thru DECEMBER 2022

Beginning Balance \$ 6,210.62

Contributions: \$ 8,013.17

Interpreters: \$ 4,120.00

****ENDING BALANCE: \$ 10,103.79**

The cost for an interpreter is \$50 for a zoom meeting and \$80 for an in-person meeting. Contact Anthony S. with questions: Anthony.Scott.0615@gmail.com

VENMO Contributions: www.venmo.com/SWDAC

Southern Wisconsin AA Deaf Access Committee

P.O. Box 1982

Waukesha, WI 53186

District Number: _____

Group Name: _____

Donation: _____

Individuals may contribute as well.

VENMO Contributions: www.venmo.com/SWDAC

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; **2 & 18** Green Lake & Marquette Counties & part of Waushara; **7** Kenosha; **17** Racine County; **8 & 30** Rock County; **9** Crawford, Grant, Iowa and LaFayette; **19 & 37** Richland & Sauk; **20, 21 & 26** Dane; **31** Columbia County; **35** Green; **37** Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Wed. of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. **Currently looking to restart the District committee**

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-582-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://us02web.zoom.us/j/82406169567) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://us02web.zoom.us/j/3217513275), Passcode: [323232](https://us02web.zoom.us/j/3217513275)

34. WAUKESHA CNTY: 1st Tuesday of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: [https://us02web.zoom.us/j/6870109941?](https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09)
[pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09](https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09)

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. All Saint Cathedral, 818 E Juneau Ave.

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2023](#)

All meeting held virtually until further notice

- Zoom Meeting Contact Area Chair: Andrew I. chair@area75.org

Pre Conference Assembly 9/10/23, and the Conference Assembly 10/21/23

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Emily J. at 262-364-7275 or email: mcccordinator@gmail.com

- **TAYCHEEDAH CORRECTIONAL**, Fond du Lac, WI 54937
- **OAK HILL CORRECTIONAL INSTITUTION:** 5212 County Road M, Fitchburg, WI 53575
- **WAUPUN CORRECTIONAL INSTITUTION**, Waupun WI
- **FOX LAKE CORRECTIONAL**, Box #147, Fox Lake, WI 53933
- **JEFFERSON COUNTY JAIL** 411 S. Center St., Jefferson, WI,
- **RACINE CORRECTIONAL INSTITUTION** for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- **FEDERAL CORRECTIONAL** Satellite Camp, Oxford, WI.
- **THOMPSON FARM**, RT. 2 DEERFIELD, WI.,
- **ROBERT ELLSWORTH CORRECTIONAL**, Union Grove, 53182
- **KETTLE MORAINNE CORRECTIONAL**, Forrest Dr., Plymouth,
- **MILWAUKEE COUNTY HOUSE OF CORRECTION**, 8885 S. 68th St. Franklin WI. Emily J. by Email: mcccordinator@gmail.com
- **MILWAUKEE COUNTY JAIL** 9th & State Milwaukee WI. Emily J. by Email: mcccordinator@gmail.com
- **MILWAUKEE SECURE DETENTION**, 1015 N. 10th St. Emily J. by Email: mcccordinator@gmail.com.
- **MILWAUKEE WOMEN'S CORRECTIONAL CENTER**, 615 W Keefe Ave. Emily J. by Email: mcccordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Emily J. at 262-364-7275 or email: mcccordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mcccordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 [Corrections](#), [Bridging the Gap](#) or [Treatment](#) write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Southern Wisconsin Deaf Access Committee :** Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 www.passitonclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study</p> <p>Wed. 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:15 p. Courage to Change 7:00 p. We, Us & Ours</p> <p>Thr. 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp</p> <p>Fri. 7:30 a. Honesty Gp. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird</p> <p>Sat. 10:30 a. Happy Joyous Free 7:00 p. Vajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Mon. 1:00 p. 4:00 p. 7:00 p. Life House Beginners 8:00 a.</p> <p>Wed. 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p. 8:00 p. 10:00 a.</p> <p>Thr. 10:00 a. 4:00 p. 5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525</p> <p>Fri. 8:00 p. Grapevine Mtng 12:30 p. 4:00 p. 8:00 p. Old School House</p> <p>Sat. 10:00 a. Big Book OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI, 262-549-6541 http://www.alanoclubofwaukesha.com/ (IP)=In-person,</p> <p>Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP) 07:00 p. Big Book Study (IP)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)</p> <p>Tue.</p> <p>Wed. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)</p> <p>Thr. 12:00 p. Nooners (IP) Fri. 12:00 p. T.G.I.F. Gp (IP) 6:30 p. Half Measurers (IP)</p> <p>Sat. 6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave LL Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillon Group. (In-person)</p> <p>Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Friday: (V & IP) 10:30 a.m. AA Step & Topic</p> <p>Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In-person/Phone/video) The Galano Club is open one half hour before the scheduled meetings.</p>
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<p>NORTHWEST AREA ALANO ASSOCIATION* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) Room 202 A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both Sun. 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202</p> <p>Mon. 7:00 p. Just Do It Gp Rm 202</p> <p>Tue. 10:00 a. Step 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP) 5:30 p. Code 3 Mtng Rm 202</p> <p>Sat. 10:00 a. Sat Serenity Gp 7:00 p. Simply Sober Gp Rm 202</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/ A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Meeting 10:00 a. Gp 17 Step</p> <p>Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Big Book Meeting 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 6:00 p. Transbenderz AA Mtng 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Oasis Topic Gp 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics</p> <p>Thr. 7:00 a. Big Book Meeting 10:30 a. Gp 97, Step 12:15 p. Here & Now Gp 7:00 p. AA (LGBT) All Welcome</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 65 6:30 p. Here & Now 7:30 p. Fri Night Men's AA Gp. 12:15 a.m. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker Mtng</p> <p>AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 mailto:howtoclub8930@yahoo.com https://www.howtoclub.org Hours: 9am to 9pm daily.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 10:30 P. What's the Point Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic</p> <p>Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad</p> <p>Fri. 6:30 a. Topic 10:00 a. Step/12 & 12 8:00 p. Step</p> <p>Sat. 6:30 a. Topic 8:30 a. Big Book/Steps 10:00 a. Big Book</p> <p>8:00 p. Open Speaker Mtng. (1st Saturday Only)</p>
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In Person AA Groups NEED YOUR SUPPORT

- **Sun. 3 p.m.** Gratitude Plus, Pass It On Club, 6229 W Forest Home Ave, Milwaukee WI
- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Tues. 7 p.m.** Gp 43, Friendship Club, 2245 W Fond du Lac Ave Milwaukee WI.
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 8:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's 8:00 p. Step Gp</p> <p>Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456</p> <p>Thr. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 7:00 p. Big Book Connection</p> <p>AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon</p> <p>• Open Mtng. 3rd Sunday of month</p>	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types of meetings.</p> <p>Email: friendshipinc@sbcglobal.net</p>	<p>12 STEP CLUB 4102 W Townsend St. Milwaukee, WI 53216 (414) 871-0610</p> <p>A.A. MEETING SCHEDULE</p> <p>Saturday: 10:00 a. Beginner's,</p> <p>Call the club for information on AA meetings, meetings for other fellowships and for special events.</p> <p>BEAVER DAM ALANO CLUB 115 N Lincoln St. Beaver Dam WI 53916</p> <p>Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119</p> <p>A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI</p> <p>AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12</p> <p>Friday 7:15 p. Gp 74</p> <p>Saturday 10:00 a. Gp 59 7:00 p. Great Room</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!


We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



 Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____


Address _____

City _____ State _____ Zip _____

Phone: (_____) _____ - _____


Email: _____

Home Group: _____



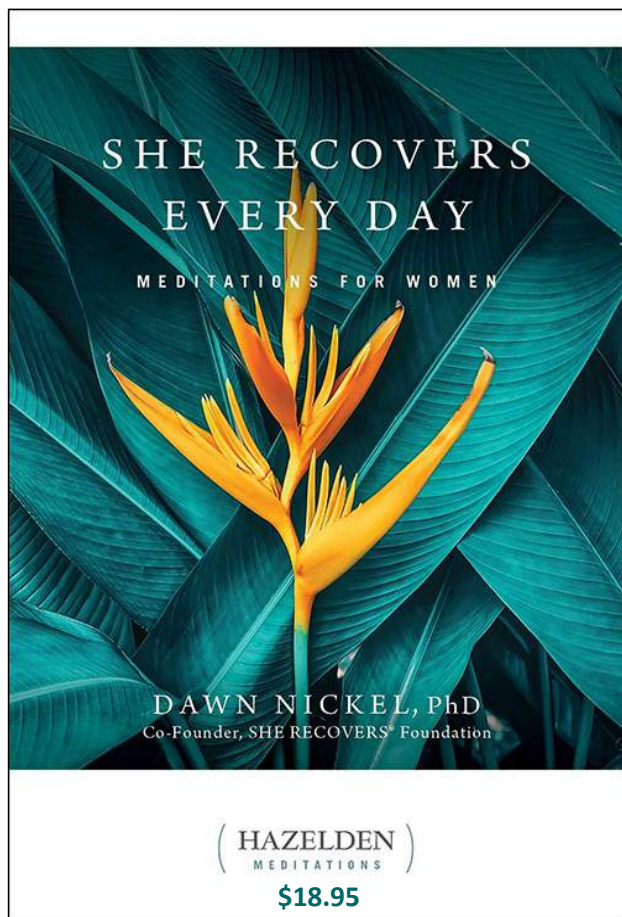
HAPPY BIRTHDAY!

Years Name Home Group



Congratulations!

A new meditation book for women In recovery *She Recovers Every Day*. This will replace *Each Day A New Beginning* which is no longer available.



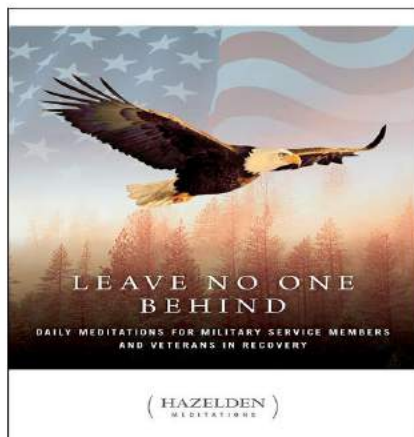
Dawn Nickel is one of the founders of the international movement and non-profit organization SHE RECOVERS® Foundation. In this book, Nickel adds her unique voice to the Hazelden meditation series.

Nickel addresses anyone who identifies as a woman in recovery or seeking recovery from one or more difficulties, whether substance use or co-occurring disorders. These inspirational meditations introduce the idea that we are all recovering from something. Nickel recognizes that there is more than one way to recover, and we all have our own paths to sobriety, even if we do not recover in the way that others expect us to.

Throughout each meditation, Nickel reflects on her recovery journey and her experience as a cancer and domestic violence survivor. Readers can learn the value of stopping destructive behaviors and allowing healing to begin. Nickel reminds us that recovery is a process, not an event, and we should always have compassion for ourselves no matter what.

A New Meditation Book Dedicated to Service Members and Veterans

Service members and veterans who are in recovery share their words of healing and hope in daily meditations. These people are in a class of their own—they know what they experienced, they know how their recovery has been affected by their service, they know how to help themselves and they know how to help each other.



• JANUARY 4 •

Behind Me

Weed. Booze. Beer. All of that. I used all of it. Then I came home and they gave me legal drugs. I don't feel at all. Or I feel high. Anything to not think. I don't want to think. Anything to stop my ears from ringing. To relax. To not have to talk to my family. To not have to talk to my buddy's wife. My buddy's gone. I can't look at her.

I don't think I've got PTSD, I think I was just having a tough time. A rough patch. A *really* rough patch.

I was there. Behind. I had been left. I left myself.

I have to want to not be back there. Every day, I have to not want to leave myself behind. I have to suit up and show up. I have to catch up and stay caught up. I have to ask for help. I have to help others. I have to show them how it's done. Because, if I don't, I'll leave myself behind again. It's on me. It's all up to me.

And I'll do it. Because I'm a warrior.

Today, I'll suit up and show up for everything in front of me. I'm not going to leave myself behind again.

Josh O., U.S. Army, 2012-2018



Serenity Group "The Barn"

Thursdays 7:00-8:00pm

St. Alban 's Church
W239 N6440 Maple Ave [Map](#)
Sussex, WI. 53089

Come join us...

New location, same great format and fellowship

February 3rd - new meeting start date

Support needed for the Helping Hand Gp.

Nativity Lutheran Church

[6905 W Bluemound Rd.](#)

[Wauwatosa, WI.](#) [Click for map.](#)

Wednesday Night at 8:00 PM



Sunday Night Serenity AA Group

This is a closed meeting of Alcoholics Anonymous.

Where: Christ the Servant Lutheran Church
2016 Center Rd Waukesha WI 53189 [Map](#)

We meet in the room across from the nursery-follow the signs at the front door.

When: 6pm

Childcare provided: suggested 5.00 per child donation

Our Format: We read from AA conference approved literature followed by individual sharing.

Coffee is provided

Contact Michelle H 414-750-3121 for information



Come Join Our Tuesday Nite Impaired Professional AA Meeting



Tuesday nights at 7:30
Holy Trinity Lutheran Church
11709 W. Cleveland Ave., Milwaukee [Map](#)

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.
Hope to see you there!!



WE HAVE A NEW HOME!!

GROUP #63

MONDAY NIGHTS 7:00PM

Martin Luther Church
9235 W Bluemound Rd [Click for map.](#)
Wauwatosa WI 53226

Big Book topics, 12 steps discussions, and AA general topics

COME ON OVER AND MEET NEW FRIENDS!

No mask required. This is a closed AA meeting.

A Closed AA meeting is open to those who have a desire to quit drinking. If you think you may have a drinking problem, please



Looking for a great women's AA meeting?



Look no further! We'd love to meet you!

Stepping Into The Promises

First United Methodist Church
121 Wisconsin Ave, Waukesha, WI 53186 [Map](#)

Wednesdays at 6:00pm
Meeting on lower level, Room 101

Steps! Promises! Topics!



Fox Point Group 86: Reaching Out, Join Us on Zoom Monday Evenings.

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's *Alcoholics Anonymous*.

You will find a warm welcome to a lively and amiable group living one day at a time.

<https://zoom.us/j/8700953588>

Meeting ID [8700 953 588](#) no password but waiting room. **By phone dial 312-626-6799**



Thursday's
7pm
St. Peter's Episcopal Church
7929 W. Lincoln Ave.
Milwaukee, WI 53219
[Map](#)

Spiritual Jesters Closed Women's Meeting of AA

(Park on street, come on in through the front)

Brown Deer Monday Night Group Time change:

New start time 7:30 P.M.

(Old time was 8:00 P.M.)

Starting Monday, May 1st, 2023

Location: St. Paul's Lutheran Church
8080 North 47th Street, Brown Deer, WI
(Come to Northwest door)
[Click here for Map directions.](#)

The meeting time for our AA Group is changing. For many years we have had our time from 8PM to 9PM. We will be changing this time to 7:30PM to 8:30PM starting Monday May 1st, 2023.



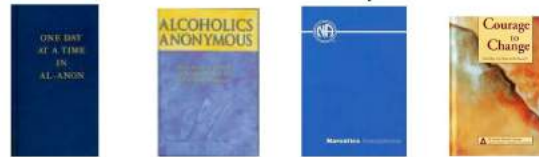
Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us

At 7:30 pm



St. Pius Church
2520 N. Wauwatosa Ave. (76th St.)
Just north of North Ave.

[Click here](#)
[for Map](#)

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use [Venmo](#) from your smartphone.

[@MilwaukeeCentralOffice-AA](#)

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code
To Contribute
Using
VENMO



A.A.



MEN'S BIG BOOK MEETING

WHEN: Thursdays
8:00 – 9:00 P.M.

WHERE: 24 Hour Club
153 Green Bay Ave.
Thiensville, WI 53092

[Click here for a Map](#)



Open to men in recovery. Beginners most welcome!



GREATER MILWAUKEE CENTRAL OFFICE
PRESENTS

FALL FLING

DINNER AND OPEN SPEAKER MEETING

SATURDAY, OCTOBER 7, 2023

HOSPITALITY: 5:30 PM, DINNER: 6:15 PM

AA SPEAKER: NANCY S., 7:30 PM

MILWAUKEE ELK'S LODGE #46

5555 W. GOOD HOPE RD, MILWAUKEE, 53222

SEATING IS LIMITED: **\$35.00 PER PERSON**

Tables of 8. If you want to sit together, get your tickets together.

Proceeds to support Milwaukee Central Office.

Tickets by mail, \$35.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: gmco@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number _____ Expiration Date ____ / ____

Name _____ Phone _____ CVC# _____

Address _____ Zip Code _____

E-mail Address: _____

Number of tickets ____ X \$35.00 = \$ _____

Tax deductible donation to
Greater Milwaukee Central Office + \$ _____

Check or Credit Card Total = \$ _____

Cut-off date for tickets Monday October 2, 2023

Buffet menu, with all kinds of stuff on it.

Tables of 8. If you want to sit together, get your tickets together.

